

## Freedom Hypnosis Fair Pricing

Freedom hypnosis is offered on a sliding scale for the purpose of making the powerful results of my approach available to all.

I ask for how much you can actually afford, and I ask only that you donate from your heart.

Tier Name	Donation	Notes	3 Sessions @10% Off	4 Sessions @15% Off
Patron	£250	For those who wish to deeply support*	£675.00	£850.00
Supporter	£210	A small boost beyond full rate	£567.00	£714.00
Full	£192	Full session amount	£518.40	£652.80
Middle	£144	Reduced to mid-range	£388.80	£489.60
Half	£96	Reduced to lower range	£259.20	£326.40
Low or discuss custom amount	£76	Subsidised access option	£228.00 (no discount)	£304.00 (no discount)

### Choosing an amount

Patron and Supporter rates are for those who have had sessions with me before and truly know the value of what I do (\*patron rate helps support the subsidised rate).

The full amount is slightly below the current going UK rate of other therapists, considering my training and life experience.

The middle and half tiers are for those who can afford that amount.

The subsidised tier is to make my approach available to all.

I offer a 10% discount for 3 sessions and 15% discount for 4 sessions. The subsidised amount or any 'custom amount' must be agreed with me before booking.

Note I never turn down anyone genuinely interested in my specific approach and working with me due to finances.

Let us help make inner healing the norm!

We free ourselves within,  
Robito ♥ [hello@robitchatwin.com](mailto:hello@robitchatwin.com)

## **Freedom Hypnosis is my unique approach to hypnotherapy**

These sessions are for people who want to experience real powerful positive changes in their lives, and the benefits you will experience will be totally personal to you.

Traditional hypnotherapy uses scripts (for example, the therapist has a script for anxiety, and uses that). I do not use scripts. My approach is all about YOU finding within your own subconscious any answers, healing and guidance that personally comes up for YOU.

<https://robitochatwin.com/approach/>

We can do A LOT in just 1 session, but obviously more sessions dive deeper, so I also offer 3 session and 4 session 'packages' (after which YOU decide if you wish to continue or not).

This is because, like a bell curve, we can begin with session 1, go really deep in further sessions, and solidify or 'smooth over' what you have done at the end.

I will openly tell you if I feel it is a good time for you to stop or pause to process what you've done. But note that my goal is always to work with you and your own inner knowing, so if you feel you have done enough - or enough for now - I will never try to keep you coming back 'just because'.

My sessions are empowering. Within you, you know better than anyone else what is best for you, and you will experience this.

### **Session Process & Benefits:**

1) First, releasing any internally stored stress and/or trauma from deep within the subconscious (also called the unconscious mind) has both profound positive emotional benefits and can also completely remove any psychosomatic physical conditions (caused by or exacerbated by said stress or trauma).

2) Second, you are also peeling away any limiting beliefs and/or conditioning. Think placebo. You can really access and live from your own authentic self and experience that positive change, which again, is personal to you.

3) Finally, you will get very clear messages and insights from within as to what you personally need (your next best steps) in order to be in best alignment moving forward on your own personal life journey.

(NB: studies show 93% recovery after 6 hypnotherapy sessions compared with 38% recovery after 600 talk sessions. It is my view that hypnotherapy is the most powerful, overlooked, and misunderstood healing modality, second only to the potential of plant medicine therapies, such as ayahuasca).

<https://robitochatwin.com/testimonials/>

**Session Amount & Days:**

Sessions with me are 90 minutes (rarely less, but perhaps slightly longer, until each session comes to its own natural conclusion).

Multiple sessions ideally should be at the same time on the same day for the 3 or 4 weeks.

You can book one session and then decide if you wish to continue.

You just need to be in a comfortable chair with no distractions connected to Zoom with good internet.

I also understand that people have very different financial situations. I serve a variety of people all over the world in very different circumstances with the goal of making Freedom Hypnosis available to all.

One session in the UK is currently worth £200 based on my training, life experience and the going rate of other therapists.

I offer my sessions on a sliding scale of £96, £144, £192 with a 10% discount for 3 sessions and 15% discount for 4 sessions.

But I never turn down anyone genuinely interested in my approach and working with me, so I also offer a subsidised session rate of £76, or we can discuss a custom amount based on your personal situation.

<https://robitochatwin.com/donate/>

I only ask that you pay what you truly feel you can afford.

**Simple to confirm the Day/Time:**

I'm based in Portugal (UK time).

Just let me know your location (time zone) and your intended session amount, and I'll email you straight back with some time slots that work for me, so we can find a time that works best for both of us.

I then send you the Zoom invitation and donation instructions once we have confirmed the day/time.

Your donation will confirm the sessions.

You can then email me a detailed summary of your intention for the session/s, but we will also have time at the beginning of each session.

I look forward to working with you!

Robito Chatwin ♡

Freedom-focused Hypnotherapy for freedom within,  
nervous system regulation and inner guidance.

<https://robitochatwin.com>

<http://robito.info>

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With love,

Robito ♡